



Monday		March 17, 2025
<b>Breakfast Bistro</b>	Sandwiches, Breakfast Burritos, Pastries, Parfaits and Fruit Cups	
<b>Italian bowl</b>	Zesty sundried tomato rigatoni pasta topped clover farms cheese	
<b>Asian Street</b>	Happy St Patrick's Day: Corned beef, cabbage, potato	
<b>Take Out Menu</b>	House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More	

Café Service Hours	
<b>7:30 - 9:30</b>	
<b>11:20 - 12:30</b>	
<b>2:30 - 3:30</b>	
Today's Grab and Go Special	
<b>Monday:</b>	House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

Tuesday		March 18, 2025
<b>Alarm Clock Breakfast</b>	House made Breakfast Sandwiches, Breakfast Burritos, Pastries, Parfaits and Fruit Cups	
<b>street food</b>	March Madness! Grilled ham cheese sliders house seasoned fries	
<b>Patillos Latinos</b>	March Madness! Loaded buffalo free range chicken nachos salsa clover sour cream	
<b>Take Out Menu</b>	House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More	

<b>Tuesday:</b>	House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More
<b>Wednesday:</b>	House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

Wednesday		March 19, 2025
<b>Breakfast Bistro</b>	Cheesy Egg Quesadilla with side of Tater Tots	
<b>Asian Street</b>	March madness! Chicken tender slider's Gilroy garlic fries house made sauces	
<b>Platillos Latinos</b>	March Madness! Loaded sidewinder fries house made cheese sauce jalapeno sour cream house made salsa	
<b>Take Out Menu</b>	House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More	

<b>Thursday:</b>	House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More
<b>Friday:</b>	House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

Thursday		March 20, 2025
<b>Breakfast Bistro</b>	House Made Chilaquiles w/ Cage Free scramble Eggs, Salsa Verde and Queso Fresco	
<b>Taste of Italy</b>	Classic free range chicken parmesan with herbed noodles roasted carrots	
<b>Asian Street</b>	Chicken broccoli carrots stir fry organic jasmine rice	
<b>Market Grill</b>	Grilled smoked turkey cheese sandwich sidewinder fires	

*hello*  
**March**



**IMMUNE BOOSTER:**  
**BROCCOLI**

Why they help

Broccoli is supercharged with vitamins and minerals. Packed with vitamins A, C, and E, as well as fiber and many other antioxidants, broccoli is one of the healthiest vegetables you can put on your plate.

The key to keeping its power intact is to cook it as little as possible – or better yet, not at all. Research has shown that steaming is the best way to keep more nutrients in the food.



Friday		March 21, 2025
<b>Breakfast Bistro</b>	Churro French Toast Sticks	
<b>Asian Street</b>	Sticky hoisin tofu organic steamed jasmine rice roasted cauliflower	
<b>Taste of Italy</b>	Creamy Rosa Farfalle Pasta Topped with Asiago cheese and cheese bread	
<b>Global Adventure</b>	Grilled three cheese tomato bisque soup	

**MARCH MADNESS** 03/18 - 03/21



Buffalo chicken nachos  
Ham & cheese sliders  
Loaded sidewinder fries  
Tender sliders, garlic fries

**Epicurean Group at Carondelet High School**

Your Chef: **Thomas Huxley**

Café/Catering Manager: **Candace Barnes**  
**(925) 727-1006**

**In the Know**

Epicurean Group is a Food Service Management Company headquartered on the West Coast.

We are one of the first food service companies to be certified as a Green Business, recognized for community environmental responsibility, resource conservation, and pollution prevention. We have ranked as one of the Food Management Top 50 Companies for 10 consecutive years.



