



Monday March 31, 2025

Breakfast Bistro	Sandwiches, Breakfast Burritos, Pastries, Parfaits and Fruit Cups
Italian bowl	Rotini rose alfredo, rosated herb chicken, rosated carrots
Asian Street	Free range chicken teriyaki chicken bowl steamed bok choy
Take Out Menu	House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

Tuesday April 1, 2025

Alarm Clock Breakfast	House made Breakfast Sandwiches, Breakfast Burritos, Pastries, Parfaits and Fruit Cups
Global Adventure	Free range chicken tika masala, saffron basmati, roasted cauliflower
Patillos Latinos	Crispy grass fed beef taco, spanish rice, slow cooked beans, sour cream, salsa verde
Take Out Menu	House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

Wednesday April 2, 2025

Breakfast Bistro	Cheesy Egg Quesadilla, Tater Tots
Street Food	Free range chicken wings, house fries, buffalo, ranch, bbq thai chili sauce
American BBQ	Pulled pork sandwich, undressed slaw onion rings
Take Out Menu	House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

Thursday April 3, 2025

Breakfast Bistro	House Made Chilaquiles w/ Cage Free Scramble Eggs, Salsa Verde and Queso Fresco
Asian Street	Sweet & sour chicken, fried rice, rosated broccoli
Market Grill	Pulled rosated chicken, undressed slaw, onion rings
Take out menu	House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

Friday April 4, 2025

Breakfast Bistro	Churro French Toast Sticks
Patillos Latinos	Cheese quesadilla, chili lime fries, OR house made chips & salsa
Taste of Italy	Pasta alla non alcohol vodka sauce, garlic bread, green beans
Take out menu	House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

Café Service Hours

7:30 - 9:30
11:20 - 12:30
2:30 - 3:30

Today's Grab and Go Special

Monday:
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Promotions

BENEFITS OF PARSLEY
Rich in Vitamins A, C, and K
Rich in Antioxidants
Supports Bone Health
Contains Cancer-Fighting Substance
Rich in Nutrients that Protect Your Eyes
May Improve Heart Health

BENEFITS OF CILANTRO
Can Lower Anxiety
Contains Antioxidants
Has Antimicrobial Properties
Shown To Manage Blood Sugar
Helps Manage Weight
It's a Source of Nutrients
May Reduce Inflammation

In the Know

Epicurean Group is a Food Service Management Company headquartered on the West Coast.
We are one of the first food service companies to be certified as a Green Business, recognized for community environmental responsibility, resource conservation, and pollution prevention.
We have ranked as one of the Food Management Top 50 Companies for 10 consecutive years.

Epicurean Group at Carondelet High School

Your Chef:	Thomas Huxley
Café/Catering Manager:	Candace Barnes (925) 727-1006

