



Monday May 18, 2026	
Alarm Clock Breakfast	House made Breakfast Sandwiches, Breakfast Burritos, Pastries, Parfaits and Fruit Cups
Kitchen Table	Creamy rose alfredo penne, roasted organic asparagus, garlic bread
Market Grill	Grilled three cheese, roasted tomato bisque

Café Service Hours
7:30 - 9:30
11:20 - 12:30
2:30 - 3:30
Today's Grab and Go Special
Monday: House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

Tuesday May 19, 2026	
Alarm Clock Breakfast	House made Breakfast Sandwiches, Breakfast Burritos, Pastries, Parfaits and Fruit Cups
Platillos Latinos	Grass fed beef crispy tacos, shredded lettuce, diced tomatoes, sour cream, salsa verde, taco sauce, spanish rice, slow cooked black beans
Platillos Latinos	Soy rizo crispy tacos, shredded lettuce, diced tomatoes, sour cream, salsa verde, taco sauce, spanish rice, slow cooked black beans
Market Grill	Free range chicken chipotle wrap, cheddar cheese, tomato, lettuce, chipotle aioli, sweet potato fries

Tuesday: House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More
Wednesday: House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

Wednesday May 20, 2026	
Breakfast Bistro	Cheesy potato scramble
Food Truck USA	House made chicken tenders, battered fries
Market Grill	Philly cheese steak sandwich, peppers, onions, wedge fries

Thursday: House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More
Friday: House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

Thursday May 21, 2026	
Breakfast Bistro	French toast
Global Adventure	Crispy free range sesame chicken, steamed jasmine rice, seared bok choy
Global Adventure	Crispy organic sesame tofu, steamed jasmine rice, seared bok choy
Market Grill	Carnival corn dogs, french fries



Friday May 22, 2026	
Breakfast Bistro	Breakfast fried rice, scallions, bacon
Market Grill	BBQ chicken sandwich, lettuce, tomato, aioli, garlic fries
Platillos Latinos	Shredded chicken quesadilla, house made fries, salsa verde, sour cream
Platillos Latinos	Three cheese quesadilla, house made fries, salsa verde, sour cream

In the Know
Epicurean Group is a Food Service Management Company headquartered on the West Coast.

Epicurean Group at Carondelet High School
Your Executive Chef: **Tom Huxley**
Café/Catering Manager: **Candace Barnes**
(925) 727-1006

We are one of the first food service companies to be certified as a Green Business, recognized for community environmental responsibility, resource conservation, and pollution prevention. We have ranked as one of the Food Management Top 50 Companies for 10 consecutive years.