



Monday April 27, 2026

Alarm Clock Breakfast	House made Breakfast Sandwiches, Breakfast Burritos, Pastries, Parfaits and Fruit Cups
Kitchen Table	Creamy chipotle alfredo penne, roasted broccoli, garlic bread
Market Grill	Grass fed meatball sub, house made chips
Food Truck USA	Monte Cristo sandwich, sweet potato fries

Café Service Hours

7:30 - 9:30
11:20 - 12:30
2:30 - 3:30

Tuesday April 28, 2026

Alarm Clock Breakfast	House made Breakfast Sandwiches, Breakfast Burritos, Pastries, Parfaits and Fruit Cups
Platillos Latinos	Grass fed carne asada tacos, pico de gallo, cilantro, spanish rice, slow cooked pinto beans, sour cream, salsa roja
Platillos Latinos	Soy rizo tacos, pico de gallo, cilantro, spanish rice, slow cooked pinto beans, sour cream, salsa roja
Market Grill	Free range chicken ranch club wrap, apple smoked bacon, aioli, lettuce, tomato, house made chips

Today's Grab and Go Special

Monday:
House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

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Wednesday:
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Thursday:
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Friday:
House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

Wednesday April 29, 2026

Breakfast Bistro	Cheese omelet, hash browns
Global Adventure	Free range chicken teriyaki bowl, steamed jasmine rice, garlic and ginger bok choy
Global Adventure	Organic teriyaki tofu, steamed jasmine rice, garlic and ginger bok choy
Market Grill	Free range butter chicken burger, tziki sauce, curry fries

Promotions

Thursday April 30, 2026

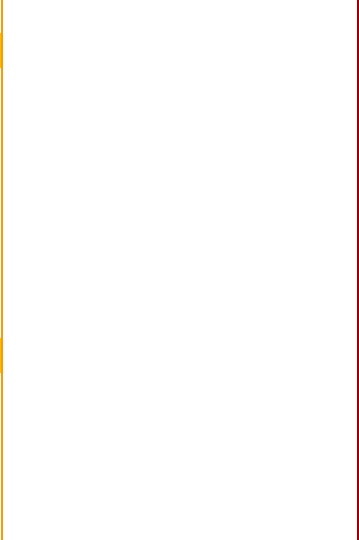
Breakfast Bistro	Powdered sugar dusted french toast
Asian Bowl	Crispy free range orange chicken, fried rice, steamed baby carrots
Asian Bowl	Crispy organic orange tofu, fried rice, steamed baby carrots
Market Grill	Turkey, pesto and provolone melt, waffle fries

Friday May 1, 2026

Breakfast Bistro	Ham, egg and cheese croissant
American BBQ	Grass BBQ beef sandwich, coleslaw, french fries
Global Adventure	Free range chicken chow mein, stir fry vegetables, egg roll
Global Adventure	Organic tofu chow mein, stir fry vegetables, egg roll

Epicurean Group at Carondelet High School

Your Executive Chef: Tom Huxley
Café/Catering Manager: Candace Barnes
(925) 727-1006



In the Know

Epicurean Group is a Food Service Management Company headquartered on the West Coast.
We are one of the first food service companies to be certified as a Green Business, recognized for community environmental responsibility, resource conservation, and pollution prevention.
We have ranked as one of the Food Management Top 50 Companies for 10 consecutive years.

