



Monday December 9, 2024	
Take Out Menu	house made breakfast sandwiches, breakfast burritos, pastries, parfaits and fruit cups
Asian Bowl	Free range teriyaki bowl, steamed jasmine rice, Ocean Mist broccoli
Italian bowl	Classic creamy penne alla alfredo, herb roasted chicken breast, roasted broccoli, garlic bread
Global Adventure	

Café Service Hours
7:30 - 9:30
11:20 - 12:30
2:30 - 3:30
Today's Grab and Go Special
Monday: House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More
Tuesday: House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More
Wednesday: House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More
Thursday: House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More
Friday: House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

Tuesday December 10, 2024	
Alarm Clock Breakfast	house made breakfast sandwiches, breakfast burritos, pastries, parfaits and fruit cups
Platillos Latinos	Crunchie free range pollo asado, cilantro lime rice, slow cooked beans, sour cream, salsa verde
Market Grill	Three cheese melt, fire roasted tomato bisque
Market Grill	

Wednesday December 11, 2024	
Breakfast Bistro	Sugar dusted french toast, side of sausage
Food truck USA	Free range crispy chicken tenders, house made fries
Kitchen Table	Creamy bacon mac and cheese, roasted zucchini, garlic bread
Market Grill	

Thursday December 12, 2024	
Breakfast Bistro	Chocolate chip pancakes
Asian Bowl	Crispy orange chicken, fried rice, garlic Ratto Ranch Bok choy
Food Truck USA	Grilled ham and turkey melt, curly fries
Market Grill	

Friday December 13, 2024	
Breakfast Bistro	Breakfast fried rice, bacon, scallions
American BBQ	
Kitchen Table	Baked ziti, house made marinara, mozzarella, steamed broccoli, garlic bread
Market Grill	Grass fed beef cheeseburger, house made fries

Promotions
Go Greener with Epicurean Group! This campaign runs for 21 weeks starting on the third week of September.
Go Greener: Reduce Reducing waste starts here. In our Epicurean Group café. It's as simple as not taking more food than you can eat and recycling the remainder of glass, metal, cardboard, plastic, and reusable items. When food and paper waste go up, please to our coffee go up, too. Help us keep greener – and water out of the landfill!
Go Greener: Reuse When dining in our cafés, choose our reusable drink, glassware and metal cutlery for table settings. Bring your own reusable cup for coffee or other drinks, and please to go containers for food items. Bring a set of reusable silverware to save drink covers.
Go Greener: Recycle – and Compost! Food waste is a beautiful resource. Recycle your go up, which is 100% compostable. Recycle your drink bottles. Be mindful of food by repurposing your food scraps. All of our "go up" materials are compostable, too. Remember to recycle your bottles and cans too. See the program materials.
Support Steps to support the farmer's health too. "You are what you eat." Go Greener: Buy Local Epicurean Group is a Food Service Management Company headquartered on the West Coast. We are one of the first food service companies to be certified as a Green Business, recognized for community environmental responsibility, resource conservation, and pollution prevention. We have ranked as one of the Food Management Top 50 Companies for 10 consecutive years.

go greener
EPICUREAN GROUP

In the Know

Epicurean Group is a Food Service Management Company headquartered on the West Coast.

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Epicurean Group at Carondelet High School

Your Executive Chef: Tom Huxley

Café/Catering Manager: Candace Barnes
(925) 727-1006

TOP 50 GREEN BUSINESS NETWORK

GREEN CALIFORNIA GREEN BUSINESS NETWORK

EPICUREAN GROUP
fresh. honest. local.