



MondayOctober 6, 2025		Café Service Hours
Italian Bowl	Chocolate chip pancakes	7:30 - 9:30
Market Grill	Three cheese panino, tomato bisque	11:20 - 12:30
Market Grill	Mozzerella sticks, side of marinara	1:10 -1:20
Take Out Menu	House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More	Today's Grab and Go Special
TuesdayOctober 7, 2025		Monday:
Alarm Clock Breakfast	Breakfast sandwiches, burritos and country potatoes	House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More
Platillos Latinos	Free range achiote chicken super burritos, slow cooked pinto beans, Spanish rice, salsa Roja, sour cream	Tuesday:
Platillos Latinos	Soy Rizo super burritos, slow cooked pinto beans, Spanish rice, salsa roji, sour cream	House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More
Market Grill	All beef hot dogs, shredded cheese, French fries	Wednesday:
WednesdayOctober 8, 2025		House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More
Breakfast Bistro	Breakfast fried rice, bacon, scallions	Thursday:
Global Adventure	Grass fed beef lasagna, bechamel sauce, roasted squash, garlic bread	House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More
Global Adventure	Three cheese lasagna, bechamel sauce, roasted squash, garlic bread	Friday:
Market Grill	Pepper jack chipotle turkey cheese melt, curly fries	House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More
ThursdayOctober 9, 2025		Promotions
Asian Bowl	Crispy sesame chicken, fried rice, ginger and garlic Bok choy	HELLO, October!
Asian Bowl	Crispy sesame tofu, steamed rice, garlic and ginger Bok choy	
Market Grill	Smoked Bacon, Lettuce, Tomato Sandwich , House Made Fries	
Take out menu	House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More	
FridayOctober 10, 2025		In the Know
Breakfast Bistro	French toast, powdered sugar and whip cream	Epicurean Group is a Food Service Management Company headquartered on the West Coast.
Food Truck USA	Baked potato bar, vegetarian chili, sour cream, green onions, shredded cheese	We are one of the first food service companies to be certified as a Green Business, recognized for community environmental responsibility, resource conservation, and pollution prevention.
Market Grill	Shredded chicken quesadilla, waffle fries	We have ranked as one of the Food Management Top 50 Companies for 10 consecutive years.
Kitchen Table	Creamy pesto penne, garlic bread	
Epicurean Group at Carondelet High School		
Your Executive Chef: Tom Huxley		
Café/Catering Manager: Candace Barnes		
(925) 727-1006		

Menu Key