



**Monday**

**September 1, 2025**



**Café Service Hours**

**7:30 - 9:30**

**11:20 - 12:30**

**1:10 - 1:20**

**Today's Grab and Go Special**

**Monday:**

House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

**Tuesday:**

House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

**Wednesday:**

House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

**Thursday:**

House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

**Friday:**

House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

**Tuesday**

**September 2, 2025**

**Alarm Clock Breakfast**

ham and cheese biscuit, side of bacon

**Platillos Latinos**

Pork carnitas street tacos, red onion, cilantro, Spanish rice, slow cooked pinto beans, salsa roji, sour cream

**Platillos Latinos**

Soy Riso street tacos, red onion, cilantro, Spanish rice, slow cooked pinto beans, salsa roji, sour cream

**Market Grill**

Grilled ham and cheese, curly fries

**Wednesday**

**September 3, 2025**

**Breakfast Bistro**

Chocolate chip pancakes, side of bacon

**Taste of Italy**

Free range pesto chicken breasts over rigatoni, garlic bread, roasted eggplant

**Kitchen Table**

pesto all rigatoni, garlic bread, roasted eggplant

**Take Out Menu**

House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

**Thursday**

**September 4, 2025**

**Breakfast Bistro**

breakfast fried rice, bacon, green onions and peppers

**Asian Bowl**

Crispy general Tso's chicken, steamed jasmine rice, Bok choy

**Asian Bowl**

Crispy general Tso's tofu, steamed jasmine rice, Bok choy

**Take out menu**

House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

**Friday**

**September 5, 2025**

**Breakfast Bistro**

scrambled egg and bacon and country potatoes

**American BBQ**

BBQ pulled beef sandwiches, onion rings

**Global Adventure**

Free range chicken teriyaki bowl, steamed rice, roasted broccoli

**Global Adventure**

tofu teriyaki bowl, steamed rice, roasted broccoli

**Epicurean Group at Carondelet High School**

**Your Executive Chef: Tom Huxley**

**Café/Catering Manager: Candace Barnes**  
**(925) 727-1006**

**Promotions**



**Snack Smarter September**



**In the Know**

Epicurean Group is a Food Service Management Company headquartered on the West Coast.

We are one of the first food service companies to be certified as a Green Business, recognized for community environmental responsibility, resource conservation, and pollution prevention. We have ranked as one of the Food Management Top 50 Companies for 10 consecutive years.



**Menu Key**