



**Monday September 16, 2024**

<b>Italian bowl</b>	House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More
<b>Global Adventure</b>	Ginger hoisin chicken, steamed jasmine rice, sauteed Ratto Ranch Bok choy
<b>kitchen table</b>	Ground beef stuffed peppers
<b>Take Out Menu</b>	House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

**Café Service Hours**

**7:30 - 9:30**  
**11:20 - 12:30**  
**2:30 - 3:30**

**Tuesday September 17, 2024**

<b>Alarm Clock Breakfast</b>	House made Breakfast Sandwiches, Breakfast Burritos, Pastries, Parfaits and Fruit Cups
<b>Platillos Latinos</b>	Pollo asado chimichangas, Spanish rice, slow cooked black beans, salsa roja, crema fresco
<b>Taste of India</b>	Free range chicken tandoori bowl, diced roma tomatoes, shredded lettuce, tzaiki sauce
<b>Market Grill</b>	Free range chipotle and pepper jack melt, house made fries

**Today's Grab and Go Special**

**Monday:**  
House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

**Tuesday:**  
House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

**Wednesday:**  
House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

**Thursday:**  
House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

**Friday:**  
House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

**Wednesday September 18, 2024**

<b>Breakfast Bistro</b>	chocolate chip pancakes
<b>Taste of Italy</b>	Cavatappi pasta alla puttanesca, Cover girl brussels sprouts, garlic bread
<b>Global Adventure</b>	Free range yellow curry chicken, steamed jasmine rice, roasted chayote squash
<b>Platillos Latinos</b>	Free range chicken tostadas, spanish rice, slow cooked beans

**Thursday September 19, 2024**

<b>Breakfast Bistro</b>	Breakfast fried rice, bacon, scallions
<b>Kitchen Table</b>	Free range southern fried chicken tenders, garlic mash potatoes, roasted Ocean Mist Broccoli
<b>Global Adventure</b>	Free range gochujang chicken, garlicky jasmine rice, steamed Ratto Ranch bok choy
<b>Market Grill</b>	Memphis style hot dogs, onion rings

**Friday September 20, 2024**

<b>Breakfast Bistro</b>	Sausage biscuit's with egg, cheese
<b>Food Truck Friday</b>	Beer battered fish and chips, cole slaw, ritz Carlton tarter sauce
<b>Market Grill</b>	Grass fed braised BBQ beef sandwich, undressed slaw, house made fries
<b>Platillos Latinos</b>	pesto cream sauce, garlic bread

**Promotions**



**Go Greener with Epicurean Group!**  
This campaign runs for 21 weeks starting on the 3rd week of September.

**Go Greener - Reduce**  
Reducing waste starts here, so start! Epicurean Group will...  
When food and paper come to us, please to not waste any...  
Waste out of the landfill!

**Go Greener - Reuse**  
When dining in our cafés, choose our reusable silver, glassware and metal cutlery. The table settings bring your own reusable cup for coffee or other drinks, and glass or plastic to go containers for food items. Keep out of reusable whenever in your food stores.

**Go Greener - Recycle - and Compost!**  
Food waste is healthiest when it's composted...  
Compostable: too. Remember to recycle your bottles and cans too! See the program materials.

**GREEN CALIFORNIA GREEN BUSINESS NETWORK**

**EPICUREAN GROUP**  
fresh. honest. local.

**In the Know**

Epicurean Group is a Food Service Management Company headquartered on the West Coast.

We are one of the first food service companies to be certified as a Green Business, recognized for community environmental responsibility, resource conservation, and pollution prevention. We have ranked as one of the Food Management Top 50 Companies for 10 consecutive years.



**Epicurean Group at Carondelet High School**

**Your Executive Chef:** Tom Huxley

**Café/Catering Manager:** Candace Barnes  
(925) 727-1006

**Menu Key**

