



Monday September 14, 2026	
Market Grill	Creamy pesto all fried green, roasted eggplant and caramelized, house roll
Paste di Italy	Free-range chicken wrap, cole slaw, cilantro, house-made chips
Market Grill	Free-range chicken wing, cole slaw, cilantro, house-made chips
Take Out Menu	House-made caesar salad, assorted sandwiches, fresh-made smoothies, seasonal fruit cups, parfaits and more.

Tuesday September 15, 2026	
Alarm Clock Breakfast	House-made breakfast sandwiches, breakfast burritos, Pastries, Parfaits and Fruit Cups
Platko Latino	Grass fed birria over cornmeal, cilantro, green cabbage, cilantro, rice, sour cream
Platko Latino	Spicy slow cooker cornmeal, cilantro, green cabbage, cilantro, rice, sour cream
Market Grill	Free-range breaded chicken quesadillas, slow-cooked black bean, cilantro rice, cilantro, rice, sour cream

Wednesday September 16, 2026	
Breakfast Bistro	Chocolate chip pancakes
Kitchen Table	Free-range butter milk fried chicken sandwich, cole slaw, raising cane sauce, curly fries
Market Grill	BBQ pulled beef loaded baked potato, sour cream, melted butter, green onions
Market Grill	Loaded baked potato, sour cream, melted butter, green onions

Thursday September 17, 2026	
Breakfast Bistro	Cheese omelette, country potatoes
Asian Bowl	Free-range organic lemongrass chicken, fried rice, garlic and ginger bok choy
Asian Bowl	Organic crispy lemongrass, fried rice, garlic and ginger bok choy
Market Grill	Grass fed beef sloppy joes, onion rings

Friday September 18, 2026	
Breakfast Bistro	House-made breakfast sandwiches, breakfast burritos, Pastries, Parfaits and Fruit Cups
Kitchen Table	Creamy bacon mac and cheese, garlic bread, roasted broccoli
Kitchen Table	Creamy mac and cheese, seasoned bread crumbs, garlic bread, roasted broccoli
Asian Bowl	Vegetarian chow mein, egg roll

Epicurean Group at Carondelet High School

Executive Chef Tom Hueley

Cafe/Catering Manager Candace Barnes
(825) 727-1026

Menu Key

Cafe Service Hours

7:30-9:30 AM

11:30 AM-12:30 PM

2:30-3:30 PM

Today's Grab and Go Special

Monday:

House-Made Caesar Salad, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits, and More

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House-Made Caesar Salad, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits, and More

Friday:

House-Made Caesar Salad, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits, and More

Promotions



Epicurean Group is an American Management Company
Specializing in the Food Service Industry

We are one of the best food service companies in the world because we are focused on providing the highest quality food service to our customers. We are a company that is committed to providing the highest quality food service to our customers. We are a company that is committed to providing the highest quality food service to our customers.

