



Monday August 10, 2026	
<i>Market Grill</i>	Classic creamy penne alfredo, herbed chicken ,roasted harvest vegetables, garlic bread
<i>Taste of Italy</i>	Classic creamy penne alfredo, roasted harvest vegetables, garlic bread
<i>Market Grill</i>	Grilled three cheese, roasted tomato bisque
<i>Take Out Menu</i>	House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More
Tuesday August 11, 2026	
<i>Alarm Clock Breakfast</i>	House made Breakfast Sandwiches, Breakfast Burritos, Pastries, Parfaits and Fruit Cups
<i>Platillos Latinos</i>	Free range anchiote chicken street tacos, spanish rice, pinto beans, red onion, cilantro, salsa roja, sour cream
<i>Platillos Latinos</i>	Soy rizo street tacos, spanish rice, pinto beans, red onion, cilantro, salsa roja, sour cream
<i>Market Grill</i>	Free range chipotle chicken wrap, jack cheese, tomato, chipotle aioli, lettuce, house made chips
Wednesday August 12, 2026	
<i>Breakfast Bistro</i>	Eggs benedict, ham, poached egg, country potatoes
<i>Asian Bowl</i>	Grass fed Meat balls and spaghetti, roasted eggplant, garlic bread
<i>Market Grill</i>	House made marinara alla spaghetti, roasted eggplant, garlic bread
<i>Jan-00</i>	Turkey and cheddar melt, housew made fries
Thursday August 13, 2026	
<i>Breakfast Bistro</i>	Chocolate chip pancakes
<i>Asian Bowl</i>	Crispy free range orange chicken, fried rice, garlic and ginger bok choy
<i>Asian Bowl</i>	Crispy organic orange tofu, fried rice, garlic and ginger bok choy
<i>Market Grill</i>	Grass fed cheese burgers, rhino sauce, lettuce tomato, onion, garlic fries
Friday August 14, 2026	
<i>Breakfast Bistro</i>	House made Breakfast Sandwiches, Breakfast Burritos, Pastries, Parfaits and Fruit Cups
<i>Kitchen Table</i>	BBQ pulled pork sandwich, coleslaw, steak fries
<i>Kitchen Table</i>	Free range chicken adobo, jasmine rice, roasted broccoli
<i>Market Grill</i>	Organic tofu adobo, jasmine rice, roasted broccoli

Epicurean Group at Carondelet High School

Executive Chef Tom Huxley

Café/Catering Manager Candace Barnes
(925) 727-1006

Café Service Hours

7:30–9:30 AM

11:20 AM–12:30 PM

2:30–3:30 PM

Today's Grab and Go Special

Monday:

House Made Caesar Salads, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits, and More

Tuesday:

House Made Caesar Salads, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits, and More

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House Made Caesar Salads, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits, and More

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House Made Caesar Salads, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits, and More

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House Made Caesar Salads, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits, and More

Promotions



Epicurean Group is a Food Service Management Company headquartered on the West Coast.

We are one of the first food service companies to be certified as a Green Business, recognized for community environmental responsibility, resource conservation, and pollution prevention. We have ranked as one of the Food Management Top 50 Companies for 10 consecutive years.

