



Monday

August 10, 2026

- Market Grill** Creamy cajun alfredo rigatoni, roasted broccoli and carrot medley, garlic bread
- Taste of Italy** Free range bbq chicken wrap, tomato, lettuce, tortilla strips, ranch dressing, seasoned homemade chips
- Market Grill** Free range bbq chicken wrap, tomato, lettuce, tortilla strips, ranch dressing, seasoned homemade chips
- Take Out Menu** House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

Tuesday

August 11, 2026

- Alarm Clock Breakfast** House made Breakfast Sandwiches, Breakfast Burritos, Pastries, Parfaits and Fruit Cups
- Platillos Latinos** Free range chicken chipotle burrito bowl, slow cooked black beans, saffron rice, salsa roja, sour cream
- Platillos Latinos** Fried potato con chilli sauce burrito bowl, slow cooked beans, saffron rice, salsa roja, sour cream
- Market Grill** Sourdough patty melt, caramelized onions, cheddar cheese, homemade fries

Wednesday

August 12, 2026

- Breakfast Bistro** French toast with cinnamon and powdered sugar
- Taste of Italy** Grass fed beef lasagna, bechamel sauce, mozzarella cheese, roasted zucchini, garlic bread
- Market Grill** Three cheese lasagna, bechamel sauce, pesto, roasted zucchini, garlic bread
- Market Grill** pesto grilled cheese, garlic fries

Thursday

August 13, 2026

- Breakfast Bistro** Cheesy potato scramble, side of sausage
- Asian Bowl** Free Range crispy mongolian chicken, fried rice, steamed bok choy
- Asian Bowl** Crispy mongolian tofu, fried rice, steamed bok choy
- Market Grill** Slow cooked italian beef sandwich, fries

Friday

August 14, 2026

- Breakfast Bistro** no school
- American BBQ** no school
- Market Grill** no school

Epicurean Group at Carondelet High School

Executive Chef Tom Huxley

Café/Catering Manager Candace Barnes
(925) 727-1006

Café Service Hours

7:30-9:30 AM

11:20 AM-12:30 PM

2:30-3:30 PM

Today's Grab and Go Special

Monday:

House Made Caesar Salads, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits, and More

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Promotions



In the Know

Epicurean Group is a Food Service Management Company headquartered on the West Coast.

We are one of the first food service companies to be certified as a Green Business, recognized for community environmental responsibility, resource conservation, and pollution prevention. We have ranked as one of the Food Management Top 50 Companies for 10 consecutive years.



Menu Key