



Monday

August 10, 2026

<i>Market Grill</i>	Grilled ham and cheese homemade fries
<i>Taste of Italy</i>	Creamy Rose alfredo penne, roasted eggplant and squash medley, soft dinner roll
<i>Market Grill</i>	Creamy Rose alfredo penne, roasted eggplant and squash medley, soft dinner roll
<i>Take Out Menu</i>	House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

Tuesday

August 11, 2026

<i>Alarm Clock Breakfast</i>	House made Breakfast Sandwiches, Breakfast Burritos, Pastries, Parfaits and Fruit Cups
<i>Platillos Latinos</i>	Grass fed barbacoa tostadas, pico de gallo, salsa verde, slow cooked pinto beans, cilantro lime rice, sour cream
<i>Platillos Latinos</i>	Spicy potato tostadas, pico de gallo, salsa verde, slow cooked pinto beans, cilantro rice, sour cream
<i>Market Grill</i>	Bacon wrapped street dogs, french fries

Wednesday

August 12, 2026

<i>Breakfast Bistro</i>	waffles with vanilla cream
<i>Asian Bowl</i>	Free range teriyaki chicken, steamed jasmine rice, roasted broccoli
<i>Market Grill</i>	Organic teriyaki tofu bowl, steamed jasmine rice, roasted broccoli
<i>Market Grill</i>	Grass fed beef nachos, zesty peppercheck cheese sauce, refried beans, salsa, sour cream

Thursday

August 13, 2026

<i>Breakfast Bistro</i>	French toast with powdered sugar
<i>Asian Bowl</i>	Free range crispy sesame chicken, steamed rice, sauteed bok choy
<i>Asian Bowl</i>	Organic crispy sesame tofu, steamed rice, sauteed bok choy
<i>Market Grill</i>	Slow cooked BBQ pulled pork quesadillas, fries

Friday

August 14, 2026

<i>Breakfast Bistro</i>	House made Breakfast Sandwiches, Breakfast Burritos, Pastries, Parfaits and Fruit Cups
<i>American BBQ</i>	Free range BBQ chicken sandwich, tomato caramelized onion, garlic fries
<i>Market Grill</i>	Philly cheese steak, onions, peppers, mozzarella cheese, battered fries

Epicurean Group at Carondelet High School

Executive Chef Tom Huxley

Café/Catering Manager Candace Barnes
(925) 727-1006

Café Service Hours

7:30–9:30 AM

11:20 AM–12:30 PM

2:30–3:30 PM

Today's Grab and Go Special

Monday:

House Made Caesar Salads, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits, and More

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Promotions



In the Know

Epicurean Group is a Food Service Management Company headquartered on the West Coast.

We are one of the first food service companies to be certified as a Green Business, recognized for community environmental responsibility, resource conservation, and pollution prevention. We have ranked as one of the Food Management Top 50 Companies for 10 consecutive years.



Menu Key