



Monday May 4, 2026

Alarm Clock Breakfast	House made Breakfast Sandwiches, Breakfast Burritos, Pastries, Parfaits and Fruit Cups
Kitchen Table	Creamy cajun alfredo penne, roasted squash, garlic bread
Market Grill	Grass fed beef quesadilla, seasoned french fries

Café Service Hours

7:30 - 9:30
11:20 - 12:30
2:30 - 3:30

Tuesday May 5, 2026

Alarm Clock Breakfast	House made Breakfast Sandwiches, Breakfast Burritos, Pastries, Parfaits and Fruit Cups
Platillos Latinos	free range chicken al pastor tacos, spanish rice, slow cooked black beans, salsa verde, salsa roja, pico de gallo, sour cream
Platillos Latinos	Slow roasted pork carnitas tacos, spanish rice, slow cooked black beans, salsa verde, salsa roja, pico de gallo, sour cream
Platillos Latinos	Soy rizo tacos, spanish rice, slow cooked black beans, salsa verde, salsa roja, pico de gallo, sour cream

Today's Grab and Go Special

Monday:
House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

Tuesday:
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Wednesday:
House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

Thursday:
House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

Friday:
House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

Wednesday May 6, 2026

Breakfast Bistro	eggs benedict, hollandaise, ham, country potatoes
Taste of Italy	Grass fed beef lasagna, bechamel sauce, spring garlicky green beans, garlic bread
Taste of Italy	Baked three cheese lasagna, bechamel sauce, house made marinara, spring garlicky green beans, garlic bread
Market Grill	Free range Asian chicken wrap, house made chips

Thursday May 7, 2026

Breakfast Bistro	French toast, sausage patty
Asian Bowl	Crispy free range chicken katsu, steamed jasmine rice, garlic sauteed bok choy
Asian Bowl	Crispy tofu katsu, steamed jasmine rice, garlic sauteed bok choy
Market Grill	BBQ meat loaf sliders, sweet potato fries

Friday May 8, 2026

Breakfast Bistro	cheezie potato scramble
Kitchen Table	Maple smoked bacon mac and cheese, roasted broccoli, garlic bread
Kitchen Table	Baked mac and cheese, seasoned bread crumbs, garlic bread
Food Truck USA	Free range chicken wings, garlic fries or regular fries

Promotions

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In the Know

Epicurean Group is a Food Service Management Company headquartered on the West Coast.
We are one of the first food service companies to be certified as a Green Business, recognized for community environmental responsibility, resource conservation, and pollution prevention.
We have ranked as one of the Food Management Top 50 Companies for 10 consecutive years.

Epicurean Group at Carondelet High School

Your Executive Chef: Tom Huxley
Café/Catering Manager: Candace Barnes
(925) 727-1006

