



**Monday April 13, 2026**

<b>Market Grill</b>	
<b>Taste of Italy</b>	Classic creamy rigatoni alfredo, garlic and butter green beans, garlic bread
<b>Market Grill</b>	Free range asian chicken wrap, house made chips
<b>Take Out Menu</b>	House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

**Tuesday April 14, 2026**

<b>Alarm Clock Breakfast</b>	House made Breakfast Sandwiches, Breakfast Burritos, Pastries, Parfaits and Fruit Cups
<b>Platillos Latinos</b>	Free range anchote chicken street tacos, cilantro lime rice, pinto beans, red onion cilantro, salsa roja, sour cream
<b>Platillos Latinos</b>	Soy rizo street tacos, cilantro lime rice, pinto beans, red onion, cilantro, salsa roja, sour cream
<b>Market Grill</b>	Grass fed cheeseburgers, lettuce, tomato, rhino sauce

**Wednesday April 15, 2026**

<b>Breakfast Bistro</b>	Eggs benedict, ham, poached egg, potatoes
<b>Asian Bowl</b>	Free range ginger hoisin chicken, steamed jasmine rice, bok choy
<b>Market Grill</b>	turkey pesto melt on sourdough, wedge fries

**Thursday April 16, 2026**

<b>Breakfast Bistro</b>	french toast, side of bacon
<b>Asian Bowl</b>	Crispy free range sesame chicken, fried rice, roasted broccoli
<b>Asian Bowl</b>	Crispy organic sesame tofu, fried rice, roasted broccoli
<b>Market Grill</b>	Grass fed big mac quesadilla, lettuce, tomato, mac sauce, french fries

**Friday April 17, 2026**

<b>Breakfast Bistro</b>	House made Breakfast Sandwiches, Breakfast Burritos, Pastries, Parfaits and Fruit Cups
<b>American BBQ</b>	BBQ chicken sandwich, caramelized onions, lettuce, tomato, onion rings
<b>Platillos Latinos</b>	Grass fed beef nachos, zesty cheese sauce, refried beans, salsa roja, sour cream
<b>Platillos Latinos</b>	Nachos, zesty cheese sauce, refried beans, salsa roja, sour cream

**Café Service Hours**

**7:30 - 9:30**  
**11:20 - 12:30**  
**2:30 - 3:30**

**Today's Grab and Go Special**

**Monday:**  
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**Promotions**



**In the Know**

Epicurean Group is a Food Service Management Company headquartered on the West Coast.

We are one of the first food service companies to be certified as a Green Business, recognized for community environmental responsibility, resource conservation, and pollution prevention. We have ranked as one of the Food Management Top 50 Companies for 10 consecutive years.



**Epicurean Group at Carondelet High School**

**Your Executive Chef:** Tom Huxley

**Café/Catering Manager:** Candace Barnes  
(925) 727-1006

**Menu Key**

