



Monday March 23, 2026

Market Grill	Grilled three cheese, tomato basil bisque
Market Grill	Grilled ham and cheese on sourdough, wedge fries
	Creamy Pesto Penne Pasta, Roasted Squash and Garlic Bread
Take Out Menu	House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

Tuesday March 24, 2026

Alarm Clock Breakfast	House made Breakfast Sandwiches, Breakfast Burritos, Pastries, Parfaits and Fruit Cups
Platillos Latinos	Free range braised chicken tostadas, spanish rice, slow cooked pinto bean, shredded lettuce, pico de gallo, salsa roja, sour cream
Platillos Latinos	Soy rizo tostadas, spanish rice, slow cooked pinto beans, shredded lettuce, pico de gallo, salsa roja, sour cream
Market Grill	Grass fed beef sloppy joe, seasoned fries

Wednesday March 25, 2026

Breakfast Bistro	Cinnamon and brown sugar french toast
Global Adventure	Free range chicken teriyaki bowl, roasted broccoli, steamed jasmine rice
Global Adventure	Organic teriyaki tofu bowl, roasted broccoli, steamed jasmine rice
Food Truck USA	Bacon wrapped hot dogs, fries

Thursday March 26, 2026

Breakfast Bistro	Waffles with chocolate drizzle
Asian Bowl	Free range crispy sweet and sour chicken, steamed rice, sauteed bok choy
Asian Bowl	Crispy organic sweet and sour tofu, steamed rice, sauteed bok choy
Market Grill	Free range BBQ chicken wrap, tomato, lettuce, ranch dressing, tortilla strips, house made chips

Friday March 27, 2026

Breakfast Bistro	House made Breakfast Sandwiches, Breakfast Burritos, Pastries, Parfaits and Fruit Cups
Market Grill	Baked potato bar, vegetarian chilli. shredded cheese, green onions
Kitchen Table	Baked mac and cheese, seasoned bread crumbs, roasted lemon asparagus, garlic bread
Take out menu	House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

Café Service Hours

7:30 - 9:30
11:20 - 12:30

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Today's Grab and Go Special

Monday:
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Promotions



In the Know

Epicurean Group is a Food Service Management Company headquartered on the West Coast.
We are one of the first food service companies to be certified as a Green Business, recognized for community environmental responsibility, resource conservation, and pollution prevention.
We have ranked as one of the Food Management Top 50 Companies for 10 consecutive years.



Epicurean Group at Carondelet High School

Your Executive Chef: Tom Huxley
Café/Catering Manager: Candace Barnes
(925) 727-1006

Menu Key