



Monday February 23, 2026	
<b>Alarm Clock Breakfast</b>	House made Breakfast Sandwiches, Breakfast Burritos, Pastries, Parfaits and Fruit Cups
<b>Taste of Italy</b>	Creamy Cajun alfredo penne, roasted honey carrots, garlic bread
<b>Market Grill</b>	Free range chicken club wrap, apple wood smoked bacon, lettuce, tomato, aioli, house made chips
<b>Take Out Menu</b>	House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

Tuesday February 24, 2026	
<b>Alarm Clock Breakfast</b>	House made Breakfast Sandwiches, Breakfast Burritos, Pastries, Parfaits and Fruit Cups
<b>Platillos Latinos</b>	Free range achiote chicken burrito bowl, cilantro lime rice slow cooked black beans, salsa Roja, sour cream
<b>Platillos Latinos</b>	Soy Rizo burrito bowl, cilantro lime rice, slow cooked black beans, salsa Roja, sour cream
<b>Market Grill</b>	Grass fed cheeseburgers, sweet potato fries

Wednesday February 25, 2026	
<b>Breakfast Bistro</b>	Chocolate chip pancakes
<b>Market Grill</b>	House made chicken tenders, seasoned fries, raising cane's sauce, ranch, BBQ sauce
<b>Global Adventure</b>	Free range chicken udo noodle bowl, veggie pho broth, shredded carrots, bok choy, cilantro
<b>Global Adventure</b>	Organic tofu udo noodle bowl, veggie pho broth, shredded carrots, bok choy, cilantro

Thursday February 26, 2026	
<b>Breakfast Bistro</b>	Ham and cheese omelet, country potatoes
<b>Asian Bowl</b>	Crispy free range Mongolian chicken, fried rice, roasted broccoli
<b>Asian Bowl</b>	Crispy Mongolian tofu, fried rice, roasted broccoli
<b>Market Grill</b>	Grass fed sweet beef Quesadillas, fries

Friday February 27, 2026	
<b>Breakfast Bistro</b>	Breakfast fried rice, eggs, green onions
<b>Market Grill</b>	Grilled three cheese, tomato bisque
<b>Kitchen Table</b>	Creamy mac and cheese, seasoned bread crumbs, roasted Brussel sprouts, garlic bread
<b>Take Out Menu</b>	House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

Café Service Hours	
<b>7:30 - 9:30</b>	
<b>11:20 - 12:30</b>	
<b>2:30 - 3:30</b>	
Today's Grab and Go Special	
<b>Monday:</b>	House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More
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**Promotions**



**CITRUS GLOW** Feb. 25

**Bright Flavors for Winter Days**  
Fresh, zesty dishes to lift the season.

**Menu:**  
Orange-Ginger Chicken or Tofu With Jasmine Rice  
Grapefruit & Avocado Salad  
Lemon-Herb Roasted Chicken Vegetables with Roasted Potato

**National NUTRITION MONTH**

**March 4th**  
Eat Well, Live Well, Feed Your Best.

Fuel your day the LiveWell way. Join us this March for National Nutrition Month with nutrition education, tastings, and informative menu highlights.

**Lemon Herb Chicken Bowl** • Cilantro, roasted seasonal vegetables, fresh herbs  
**Pineapple Grain Bowl** • Fennel, chickpeas, mixed greens, tahini dressing  
**Greek Yogurt Parfait** • Fresh fruit and crunchy granola

**In the Know**

Epicurean Group is a Food Service Management Company headquartered on the West Coast.

We are one of the first food service companies to be certified as a Green Business, recognized for community environmental responsibility, resource conservation, and pollution prevention. We have ranked as one of the Food Management Top 50 Companies for 10 consecutive years.



**Epicurean Group at Carondelet High School**

**Your Executive Chef:** Tom Huxley

**Café/Catering Manager:** Candace Barnes  
(925) 727-1006