



**Monday March 2, 2026**

<b>Alarm Clock Breakfast</b>	House made Breakfast Sandwiches, Breakfast Burritos, Pastries, Parfaits and Fruit Cups
<b>Kitchen Table</b>	Pesto cream penne, roasted zucchini, garlic bread
<b>Market Grill</b>	Free range Asian chicken wrap, cabbage, shredded carrots, jalapeno, cilantro, house made chips
<b>Take Out Menu</b>	House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

**Tuesday March 3, 2026**

<b>Alarm Clock Breakfast</b>	House made Breakfast Sandwiches, Breakfast Burritos, Pastries, Parfaits and Fruit Cups
<b>Platillos Latinos</b>	Slow roasted pork carnitas street tacos, saffron rice, slow cooked pinto beans, sour cream, salsa Verde, cilantro, diced onion
<b>Platillos Latinos</b>	Soy Rizo street tacos, saffron rice, slow cooked pinto beans, sour cream, salsa Verde, cilantro, diced onion
<b>Market Grill</b>	Grilled ham and cheese, fries

**Wednesday March 4, 2026**

<b>Breakfast Bistro</b>	French toast with powdered sugar dust
<b>Global Adventure</b>	Free range teriyaki chicken bowl, roasted broccoli, steamed jasmine rice
<b>Food Truck USA</b>	Crispy free range fried chicken sando, coleslaw, rhino sauce, seasoned fries

**Thursday March 5, 2026**

<b>Breakfast Bistro</b>	Organic strawberries and cream pancakes
<b>Asian Bowl</b>	Crispy free range lemon chicken, steamed jasmine rice, garlic and ginger bok choy
<b>Asian Bowl</b>	Organic crispy lemon tofu, steamed jasmine rice, garlic and ginger bok choy
<b>Market Grill</b>	Memphis style hot dogs, onion rings

**Friday March 6, 2026**

<b>Breakfast Bistro</b>	ham and cheese croissant with egg
<b>Market Grill</b>	House made nachos with Tommy's zesty cheese sauce, refried beans, house made chips, salsa Verde, sour cream
<b>Kitchen Table</b>	Organic portobello steak sandwich, aioli, shredded lettuce, tomato, garlic fries
<b>Take Out Menu</b>	House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

**Café Service Hours**

**7:30 - 9:30**  
**11:20 - 12:30**  
**2:30 - 3:30**

**Today's Grab and Go Special**

**Monday:**  
House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

**Tuesday:**  
House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

**Wednesday:**  
House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

**Thursday:**  
House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

**Friday:**  
House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

**Promotions**



**In the Know**

Epicurean Group is a Food Service Management Company headquartered on the West Coast.

We are one of the first food service companies to be certified as a Green Business, recognized for community environmental responsibility, resource conservation, and pollution prevention. We have ranked as one of the Food Management Top 50 Companies for 10 consecutive years.



**Epicurean Group at Carondelet High School**

**Your Executive Chef:** Tom Huxley  
**Café/Catering Manager:** Candace Barnes  
(925) 727-1006