



**Monday** **September 2, 2024**



**Café Service Hours**

**7:30 - 9:30**  
**11:20 - 12:30**  
**2:30 - 3:30**

**Today's Grab and Go Special**

**Monday:**  
House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

**Tuesday** **September 3, 2024**

**Alarm Clock Breakfast** House made Breakfast Sandwiches, Breakfast Burritos, Pastries, Parfaits and Fruit Cups

**Platillos Latinos** Carnitas burrito bowl Spanish rice, black beans, house made salsa roja and sour cream

**Kitchen Table** Penne alfredo rose, garlic bread stick, roasted broccoli

**Market Grill** Grilled smoked ham and cheese BBQ seasoned house made chips

**Tuesday:**  
House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

**Wednesday:**  
House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

**Wednesday** **September 4, 2024**

**Breakfast Bistro** House made Biscuits and Gravy

**Global Adventure** Grilled free range chicken shawarma bowl, basmati rice, shredded lettuce, diced tomato, tzatziki sauce, garlic hummus

**Taste of Italy** Rosemary grilled free range chicken breast, butter garlic tossed bowtie, honey roasted carrots

**Platillos Latinos** Slow cooked bean and cheese burrito house salsa roji, house made tortilla chips

**Thursday:**  
House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

**Friday:**  
House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

**Thursday** **September 5, 2024**

**Breakfast Bistro** Waffles with strawberry compote

**Platillos Latinos** Classic nachos, slow cooked beef, smashed pinto beans, house made cheese sauce, side of sour cream and house made salsa verde

**Asian Street** Crispy sesame chicken, organic jasmine rice steamed broccoli, and vegetable spring roll

**Market Grill** Chipotle chicken wrap, pepper jack cheese, red leaf lettuce, tomato French fries

**Promotions**



Welcome September

**Friday** **September 6, 2024**

**Breakfast Bistro** Breakfast Fried Rice with Eggs Bacon and Green onions

**American BBQ** Santa maria BBQ tri tip, potato salad, Cole slaw, honey butter corn bread

**Asian Street** Classic cheeseburger, house made fries

**Platillos Latinos** Free range chicken tortilla soup with cheese quesadilla



Happy LABOR DAY



Waffle Week

**Epicurean Group at Carondelet High School**

**Your Executive Chef:** Tom Huxley

**Café/Catering Manager:** Candace Barnes  
(925) 727-1006

**In the Know**

Epicurean Group is a Food Service Management Company headquartered on the West Coast.

We are one of the first food service companies to be certified as a Green Business, recognized for community environmental responsibility, resource conservation, and pollution prevention. We have ranked as one of the Food Management Top 50 Companies for 10 consecutive years.



**Menu Key**

 Vegetarian
  Vegan
  Organic
  Free Range
  Grass Fed
  Cage Free
  Contains Gluten
  Contains Nuts